

ILM Level 3

Workplace Coaching through professional coaching and supervision

Time & Tide

The ILM Level 3 Programmes in Workplace Coaching offer a professional introduction to coaching for team leaders and first line managers and for those who have a coaching role. They give team leaders and managers the opportunity to move into a role as a coach in their workplace. They will also help them gain a detailed understanding of good practice in workplace coaching, the knowledge and skills required to plan and organise a programme of coaching and the opportunity to put this into practice whilst receiving coaching and supervision. They are delivered through a blend of learning that can be tailored to the needs of each student. They can be challenging programmes but the rewards can be high.

The Programme

The programmes are centred on professional coaching and supervision for introducing coaching in the workplace. Students gain a sound understanding of the role of the coach and good practice in coaching which enables them to plan and organise coaching in their workplace. As they undertake the coaching programme, students use feedback in supervision sessions to reflect on and develop their effectiveness. The programme of learning offers a combination of coaching and supervision sessions, set readings, individually defined CPD, online learning and reflective reviews. Students develop their coaching skills supported by their coach, focusing on achieving and assessing the results for their team members and their organisations.

Progression routes

These Level 3 qualifications form an excellent introduction to professional practice in coaching. Achievement at this level offers a progression route to the ILM L5 qualifications in Management Coaching and Mentoring which can then lead to the ILM L7 qualifications in Executive Coaching and Leadership Mentoring.

For more details, contact ibp academy on **0845 890 2549** or email info@ibpacademy.com

Programme Overview/Structure

	Level 3 Award in Workplace Coaching for Team Leaders & First Line Managers	Level 3 Certificate for Professional Workplace Coaches
Credit Value	8 credits	15 credits
Duration	3 months	6 months
Attendance Method	Blended delivery, featuring professional coaching and supervision, online learning and reflective practice	
Structure	<p>Induction Two themes:</p> <ul style="list-style-type: none"> Your role as coach in your workplace Six hours of coaching with supervision <p>Learner Management Support</p> <p>2 x 1 hr coaching sessions (by telephone or video link)</p>	<p>Induction Four themes:</p> <ul style="list-style-type: none"> Your role as coach in your workplace Six hours of coaching with supervision Developing your coaching performance for 30 hours of workplace coaching Continuing your professional development <p>Learner Management Support</p> <p>4 x 1 hr coaching & supervision sessions (by telephone or video link)</p>
Assessment	Reflective review / assignments / coaching or mentoring diary	Reflective review / assignments / coaching or mentoring diary / personal development plan
Costing	£700 (inc. VAT)	£ 1,300 (inc. VAT)
Entry Requirements	There are no specific entry requirements but participants will normally be either practising team leaders or first line managers or have a workplace coaching role and the opportunity to meet the assessment demands.	

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Further Information

Application

For information on any aspect of the programme or to make an application, contact **01475 676116** or email info@ibpacademy.com

Contact Details

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Time & Tide

Time and Tide is ibp academy's design and delivery partner for our exclusive range of coaching programmes. Time and Tide supports social innovation and personal growth through coaching, education and professional development. They have a broad range of coaching experience, working at all levels to CEOs of large public and private sector organisations, as well as delivering coaching programmes for blue chip clients.

What benefits might I expect from the programme?

For you:

- Coaching skills that you can take with you into both your current situation and into new ones
- The ability to reflect on and develop your practice
- The ability to impact on effectiveness for your clients

For your individual clients:

- Achievement of their personal aims and aspirations
- Progression towards their goals

For your organisation:

- An effective coach
- Improved performance from the coaching you deliver, both during and following on from the programme
- More capacity to deliver its results across the organisation through a culture of coaching

Funding support

Funding support may be available, dependent upon:-

- your location
- the size of your employers' business
- your income (if you are self-funding)

For further advice, please contact one of our advisers on **0845 890 2549** or info@ibpacademy.com